

# Pepin Community Education

## Winter 2024

It is now possible to register and pay for Pepin Community Education classes with forms on the school website, <https://www.pepin.k12.wi.us/community/> Please fill out BOTH the registration and payment forms.

Your place in class is reserved when your payment is received. Please pay when you register. Cancellations must be received a week before the scheduled class for a full refund. If the class is cancelled you will receive a full refund.

### Community Education Registration Form

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Make check payable to Pepin Area Schools. Pay with credit card in school office or set up online account with school. Use the charge account you have established with the school, or call the school office at 715-442-2391 and ask for Dawn to set up an account. Mail check to: Pepin Area Schools, Community Education, 510 Pine St., Pepin, WI 54759 If you have registered we will send an email to confirm your registration, to notify you of changes or cancellations, and to remind you the week of the class. If school is closed due to inclement weather, community education classes are also cancelled.

<u>CLASS TITLE</u>	<u>DAY</u>	<u>DATE</u>	<u>LOCATION</u>	<u>TIME</u>	<u>COST SELECTION</u>
Valenzines	Tues.	Feb. 6	Home Ec. Room	6-9pm	\$25
Knots and Ropework	Thurs.	Feb. 8, 15, 22	Home Ec. Room	6-7:30	\$25
Introduction to 3D Printing	Mon.	Feb. 12	School Library	6-7:30	\$5
Conversational Spanish basic	Tues.	Feb. 13, 20,27	Home Ec. Room	6-7pm	} \$25
Advanced Spanish (no English spoken)	Tues.	Feb. 13, 20, 27	Home Ec. Room	7:15-8:15	
An American Attempt at English Cream Tea	Sat.	Feb. 17	Home Ec. Room	10:30-12:30	\$20
Movie night-Screenagers	Mon.	Feb. 19	School Library	6-7pm	N/C
Canoas, a Salvadoran dessert	Wed.	Feb. 21	Home Ec. Room	6:00-7:00	\$20
Homemade Ravioli	Sat.	Feb. 24	Home Ec. Room	10:30-12:30	\$25
Native Americans of the Lake Pepin Area	Wed.	February 28	School Library	6:00-7:00	\$5
Making Old World Poppyseed Coffee Cake	Sat.	March 2	Home Ec. Room	10-noon	\$25
It's a Scandi-Brunch!	Sat.	March 16	Home Ec. Room	11-12:30	\$25
Animal Assisted Therapy	Wed.	April 4	School Library	6-7:30	\$5
Field Trip to Lake City Mussel Lab	Fri.	May 24	Meet in Pepin Park	9:15-12	N/C
TOTAL					

Please call or email Kitty, 715-448-0651, [kitty1@pepin.k12.wi.us](mailto:kitty1@pepin.k12.wi.us) if you are registering less than a week before the class, to insure that there is space in the class and that your registration has been received.

# Class Descriptions

## Valenzines

**\$25, Tuesday, February 6, 6-9pm, Home Ec. Room**

Come collage, stamp, write, draw, cut and fold your own miniature "zines" for Valentine's Day. We will be turning a single sheet of paper into an 8-page book with some hidden pages for your sweet nothings. All materials provided but feel free to bring your own rubber stamps and collage materials if you wish.

Minimum 6, maximum 10 students

Instructor: Leslie Stewart is a Pepin artist who enjoys working with and sharing ideas with artists of all ages and abilities.



**Knots and Ropework, \$25, Thursdays, Feb. 9, 16, 23, 6:00-7:30pm, Home Ec. Room**

Students will be exposed to some basic knots and techniques involved in construction of two basic projects using paracord, an easy to work with and popular material. The projects will be a paracord bracelet and a mat, in different styles from those done in the fall session. Tools and materials will be provided.

Minimum 1, Maximum 6 students

**Instructor: Don Claxton** was first exposed to knotwork when his father was a scoutmaster with the older boys when Don was seven or eight. A lot of that knowledge lay dormant until he started camping, and a little later when he discovered sailing. He became



aware of the rich history of ropework which has all but disappeared from our day to day lives, but is still alive in the nautical tradition.

## Introduction to 3D Printing

**\$5, Monday, Feb. 12, 6-7:30pm, School Library**

FDM (filament) 3D printing is an enjoyable hobby that is rapidly becoming easier to get in to and more affordable than ever (<\$200). Participants will grasp a general knowledge of the processes, equipment and supplies, types of items that can be printed, and methods for model generation and obtaining pre-made model files for printing. Resources for evaluating/purchasing equipment and supplies, and further learning will be discussed. Operating printers will be on site as well as several examples of printed items.

Minimum 5 students

**Instructor: Don Plumb** A serial dabbler, Don has more interests than time and energy to pursue them. His current obsessions are 3d printing and building an airplane in his pole shed.



## Movie Night; Screenagers

**N/C, Monday, February 19, 6:00-7:00, LMC**

A thoughtful look at the effects of cell phones and other media on teenagers and our society.

Donations accepted



# In the Kitchen: Comfort Foods and New Taste Thrills!

## An American Attempt at English Cream Tea

**\$20, Saturday, Feb. 17, 10:30-12:30, Home Ec. Room**

Lean into the coziness of winter by putting on an English Cream Tea. Participants will make – and eat! – sweet and savory English scones, sliced and spread with combinations of cream, jam, and butter. A finger sandwich, plus hot tea and coffee, will complete our American attempt at this traditional English treat. Note: ingredients will include milk (cheese, milk, and cream); wheat; and possibly meat.

Minimum 4, Maximum 12 students

**Instructor: Lori Miller**, discovered cream-and-jam scones on a recent trip to England and wants more!



## Homemade Ravioli

**\$25, Saturday, Feb. 24, 10:30-12:30, Home Ec. Room**

Surprise your family with these pockets of deliciousness and learn how to make them the way my Italian grandmother did. Meat? Cheese? Vegetable? Learn about different types of ingredients that can be used to fill the ravioli.

Minimum 8, Maximum 12 students

**Instructor: Pat Shutes**, has cooked from the time she was a small child. From making Cornish pasties to Italian gnocchi, ravioli and bagna cauda she loves spending time with her granddaughters and sharing the family recipes.



## Canoas

**\$20, Wednesday, Feb. 21  
6:00-7:00, Home Ec. Room**

The Salvadoran "Canoa" is a traditional dessert from El Salvador that consists of a "canoe" made from ripe plantains, which are split open lengthwise and filled with various ingredients. "Leche Poleada," a creamy dessert

made from milk, sugar, cinnamon, and vanilla, is commonly used as a filling for these canoes. This dessert is appreciated for its combination of sweet and spiced flavors, creating a delightful gastronomic experience typical of Salvadoran culture.

Maximum 6 students

**Instructor: Romina Gomez de Vasquez** is a cheerful person. She likes to cook a lot for her family and every time she has the opportunity. She likes to make new friends and learn about different cultures and likes to see and learn from others.

## Old-World, Poppyseed Coffee Cake

**\$25, Saturday, March 2,  
10am-noon**

Polish Poppy Seed Coffee cake (makowiec) has been a tradition in Erin's grandmother's family for decades, if not centuries. And now that she knows how to make it, she wants to spread the joy and teach others how to make it too.

Makowiec is a strudel-like, yeast cake filled with ground poppy seeds. Although recipes for these cakes are found throughout history in Eastern and Central European countries, Poles consider them a traditionally Polish dessert.

Participants will learn how to make Old-World Polish Poppy Seed Coffee Cake (also known as Makowiec) from yeast dough to finished loaf.

\*\*Students should bring an apron to wear.

4 minimum, 12 maximum students

**Instructor: Erin Marcks** has lived in the Pepin area her entire life. She is of Polish and Irish descent and loves to cook food that her Polish grandmother, Agnes, made. She and her husband reside north of Lund, and are enjoying their retirement years doing exactly whatever they want. And those things include teaching and feeding friends good food.



## It's a Scandi-Brunch!

**Saturday, \$25, March 16, 11-12:30, Home Ec. Room**

As the dark days of winter retreat, we'll put on the coffee pot and prepare a table-full of traditional, Nordic-inspired brunch dishes to share.

Minimum 8, Maximum 12 Students

**Instructor: Judy Krohn** continues to borrow or buy interesting cookbooks and she has to "try out" many of the unusual recipes on her family & friends. During Quarantine, Judy upped her sourdough bread-making game, yet struggles to make a slight dent in the contents of her freezer!



## Conversational Spanish

\$25 Tuesdays, Feb. 13,20,27, Home Ec. Room

Beginning class, 6:00-7:00

Advanced (No English Spoken) 7:15-8:15

Come and listen to stories in Spanish, and through that, you'll learn Spanish vocabulary. Additionally, you'll have the chance to learn about specific aspects of Latin culture. An opportunity to ask all kinds of questions about the Spanish language and Latin culture.

Minimum 1, Maximum 10 students

**Instructor: Paolo Vasquez** serves as Pastor of the United Methodist Church in Pepin and Arkansas. He was born in El Salvador, Central America and graduated with a Bachelor of Communications and Public Relations from the Francisco Gavidia University of El Salvador in 2017. He, his wife Romina and their two daughters, Mariana and Maricela live in Pepin.



## NATIVE AMERICANS IN THE LAKE PEPIN AREA

\$5, Wednesday, February 28, 6:00-7:00pm, School Library

Join us for a presentation on Native American heritage of our area. There has been a rich and turbulent history of different cultural groups over thousands of years. There were Archaic and Woodland cultures in the area with villages in Pepin. Mr. Pesic will share what he has learned about the Mound Builders and will share many stories such as: the last stand of Chief Great Ojibwa; Dakota warrior Tamaha who was an American hero of the War of 1812; how Chief Wapasha I got his name; how his son Wapasha II lost his eye; the story of Maiden Rock; the legend of the "Grave of the Dog Hill" and many more stories, myths, and legends from Indian Nations that lived here.

**Instructor: Goran Pesic** is a resident of Pepin, father of two, and Social Studies Teacher in Pepin Area Schools interested in local history including the broader area of Lake Pepin. He was born in Belgrade, Serbia, and has been a resident of Pepin since 2003. He loves science and history, and besides *Once Upon a Lake in Pepin* he wrote other historical accounts including textbooks that his students use in school.

## Animal- Assisted Therapy for Mental Health and Addictions

\$5, Thursday, April 4, 6-7:30pm, School Library

Sandy Clark will share her experience working with therapy animals will answer these questions.

What is animal assisted therapy?

What is the difference between a therapy dog and a service dog?

How can animals aid someone in recovery from addictions mental health issues?

Minimum 4 students

**Instructor: Sandy Clark** is an instructor at Minneapolis College and also a therapist using Animal-Assisted Therapy in sessions. She is a certified "animal assisted intervention specialist" and has been partnering with therapy dogs for the last 20+ years in addiction treatment and mental health therapy. She has presented at a few conferences and in the community.



## Field Trip, Tour of Freshwater Mussels Lab, N/C, May 24, 2024,

We will carpool or caravan to the Minnesota DNR's Center for Aquatic Mollusk Programs to learn about these beneficial bivalves that help clean our rivers and lakes! You will tour our lab to learn about Minnesota's native mussels, including their biology and life cycle, threats to their populations, and the conservation work being done. You will see live mussels and fish and receive a beautiful poster that displays our 51 unique species!

Minimum 2, Maximum 20 students

**Instructor: Lindsay Ohlman** I have been involved with native mussel conservation for over seven years, and it has been enjoyable and rewarding to work with these unique animals.

